

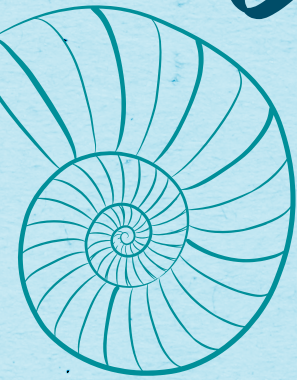


Sarawak  
More to Discover



# Weekend Escapades

## IN MIRI





# Foreword

I would like to welcome the people of Singapore to the beautiful resort city, Miri, the second largest city in Sarawak after the State Capital Kuching. Founded in 1910 following the discovery of the first oil well in Malaysia, this coastal city in northeastern Sarawak is home to a wealth of natural attractions.

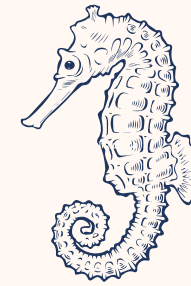
Miri is the main tourist gateway to the world-renowned Gunung Mulu National Park, a UNESCO World Heritage Site and a major crowd-puller into Sarawak. Niah National Park, Lambir Hills National Park and the Kelabit Highlands are also among amazing tourist attractions that are a must when you come for a visit. Add to that are exciting dive sites that let you explore unique worlds beneath the surface.

Explore and enjoy Miri's fascinating history, rich culture, laid back lifestyle and breadth of local cuisines from kopitiam favourites to ethnic gastronomic wonders.

Located just a short flight away from Singapore, Miri is an idyllic destination for a short escape from the daily bustles.

Yours truly,

Datuk Sebastian Ting Chiew Yew  
Assistant Minister of Tourism Sarawak



# Miri & Outskirts



3 Days



or 10 days with extension throughout Sarawak



Seahorse Statue



Grand Old Lady

the GRAND OLD LADY



Five star resorts and hotels to longhouse homestays available



Car Rental Available



<https://sarawak.travel/>



# Miri Self Explore

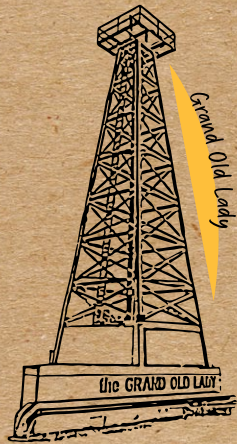


Tamu Muhibbah



Kelabit food

Cenaloak



Grand Old Lady



Miri Petroleum Museum

## Canada Hill

Canada Hill is a limestone ridge overlooking the town and offering excellent views of Miri and the surrounding area. A historic oil rig called the Grand Old Lady and a petroleum museum are situated on top of Canada Hill...

A view of Miri City from the top of Canada Hill...



Tua Pek Kong Temple



Lian Hua San Ching Tien Temple



Coco Cabana



The best spot to enjoy one of Miri's fiery sunsets as it dips beyond the horizon. This is where the iconic seahorse lighthouse is located...



Seafood at Marina Bay Seafood Restaurant...



Marina Bay @ Marina ParkCity

Come face-to-face with various species of crocodiles within a 22 acres landscaped setting...



Miri Crocodile Farm cum Mini Zoo

## #Take me home

A great place to shop for souvenirs and handicrafts of Sarawak...

Miri Handicraft Centre



Saberkas Night Market

A variety of goods are for sale here, especially local food & drinks at each stall, and other items such as local handicrafts, clothes and local produce...

## DEEP SEA FISHING

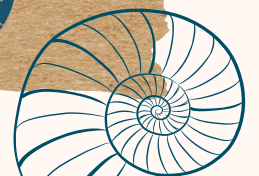
Batu Mat-Suai Area



2 DAYS 1 NIGHT



BBQ on board!...

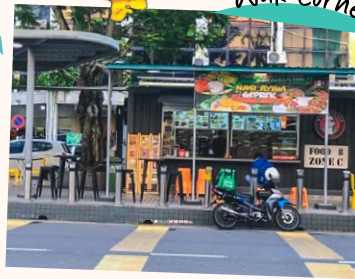


# Wireless Walk

Want a Triple Black Panther burger?



Wak Corner



The Brew Crew



Start your morning with a cup of coffee...



Makan Lok Station



How about some chicken wings?



Ming Cafe

Jus Jambu



Kun Product Gula Apong Ice Cream



Churos at Nibble



# Beach & Diving

An ideal spot for watching the sunset...

Tanjung Lobang Beach



Lutong Beach



Luak Esplanade



Tim's Seaside Hideout Resort



It is recommended to book a room at this homestay...

Bakam Beach



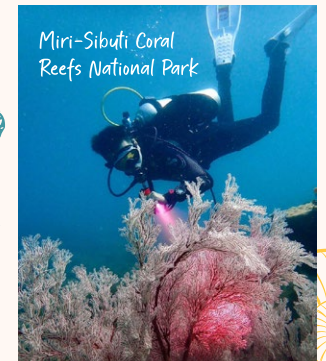
Tusan Beach



A series of relatively narrow white sand beaches broken by rock outcrops, lined with a mixture of sandstone and limestone cliffs where the famous 'Horse Head Drinking Water' once stood before it collapsed in 2020...

Take a dive and find pristine and untouched coral reefs that are teeming with marine life...

Miri-Sibuti Coral Reefs National Park

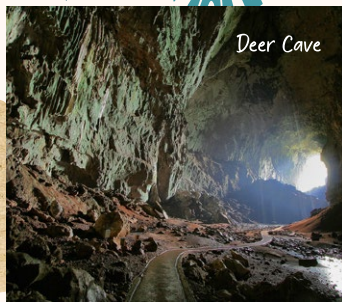


# Mulu

Declared a World Heritage Site in 2000 by UNESCO, Mulu has the world's most extensive cave system, jungle trekking, river rapids, and fascinating people, including Sarawak's last nomadic tribes.

## Deer & Lang

One of the world's largest cave passages, it is home to 12 species of bats, including the Wrinkle Lipped bats...

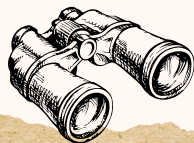


Deer Cave



Lang Cave

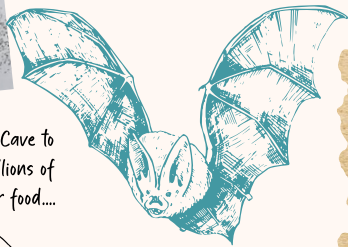
Being the smallest cave in Mulu, this cave is known for its wonderful limestone shawls, stalagmites and stalactites...



The 480 metre walkway, suspended 25 metres above the forest floor, provides an unforgettable vantage point to experience Mulu's dipterocarp forest including flora and fauna that can be seen from above...



Gather at the mouth of the Deer Cave to view the nightly "bat exodus" as millions of bats exit the cave on a hunt for food...



## Lagang Cave



As part of the 'Fastlane' tour, experience the thrill of seeing this underground world by torchlight and the anticipation of what is around the next dark corner, especially cave faunas like the blue racer snakes...

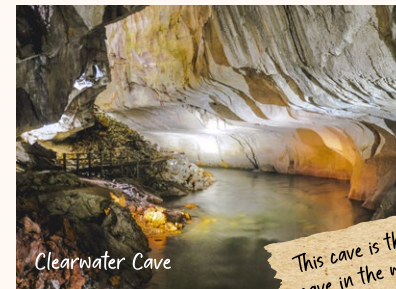
## Canopy



## Clearwater & Winds



Cruise up the Melinau river in a longboat to visit a Penan village & market at Batu Bungan...



Clearwater Cave

This cave is the longest cave in the world...

3 Take 200 stairs to head to Clearwater Cave...



Penan longhouse

2 The next stop is Cave of the Wind where you have to go through a long ramp and a few stairs...



Cave of the Wind

Named "Cave of the Wind" because of the cool breezes which can be felt at the narrow parts of the cave...

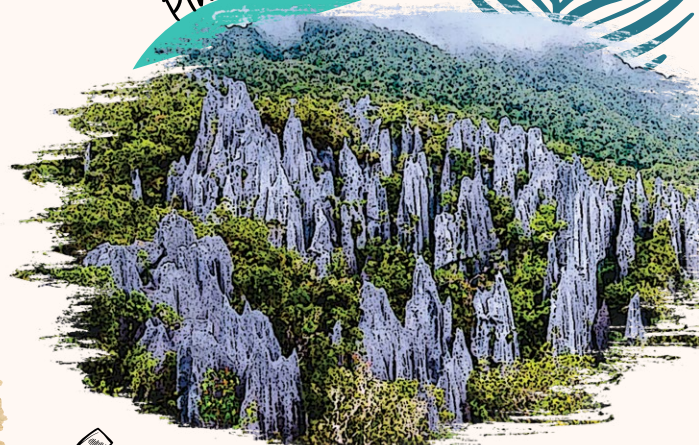
You can participate in two tours namely the Clearwater Connection, an advanced caving activity and Clearwater Revival, an intermediate Adventure Caving activity...

## Tree Top Tower

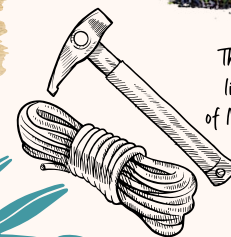


This bird hide provides the opportunity to 'spy' on canopy life in the rainforest, especially during the fruiting season...

## Pinnacles



The Pinnacles are a unique formation of razor-sharp limestone rocks jutting out of the jungle on the slopes of Mount Api, standing at 50 metres high and its climb is regarded as an extremely high-risk activity...



National Parks

# Lambir Hills

Located 32 km from Miri, this national park is recognized as one of the world's most ecologically diverse areas despite its land area of 7,000 hectares.



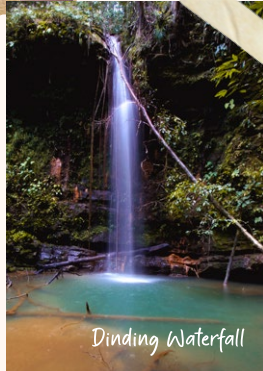
Latak Waterfall

Take a 15-minute stroll to Lambir Hills' famous waterfall, Latak Waterfall...



JUNGLE TREKKING

On your way down, take a cool dip in the pool below Dinding waterfall, or head over to two trails that will lead to two other waterfalls, Pancur Waterfall and Tengkorong Waterfall...



Dinding Waterfall



Black & Yellow Broadbill



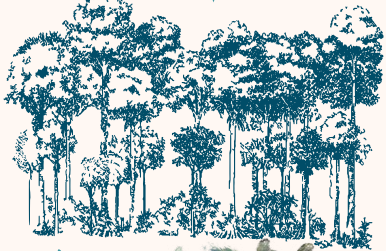
Pitcher plant



Bukit Lambir

Bakam Trail

After 4 km, you will reach the trail forks juncture - the left fork leading to the Bakam trail and the right fork leading to the summit of Bukit Lambir...



Pantu Waterfall



Bukit Pantu

Head to Nibong Waterfall, an ideal place to cool down...



A few hundred metres further along the main trail, you can branch out to Bukit Pantu on the right, or to Pantu Waterfall on the left...

National Parks

# Loagan Bunut



Named by the local Berawan fishermen, Loagan Bunut is the largest freshwater lake spanning 650 hectares and is mainly surrounded by mixed peat swamp forest. The lake slowly dries up during drought season but when the rains come, the lake fills up and the whole cycle starts again.

1 Boat trips to explore the lake and the surrounding forest can be arranged at the Park Headquarters...



Catch fish using Selambau scoop nets...

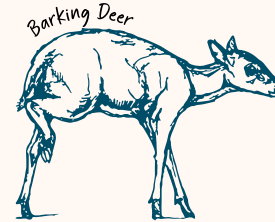
2 Hydrology Trail (2km)



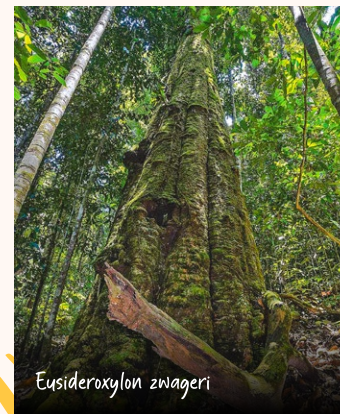
This trail passes directly through the peat swamp forest and provides a unique closeup view of the ecosystem...

3 Tapang Trail (260m)

One of the tallest trees ever recorded, that has heavy dense wood, is claimed to be the best for making blowpipes...



Barking Deer

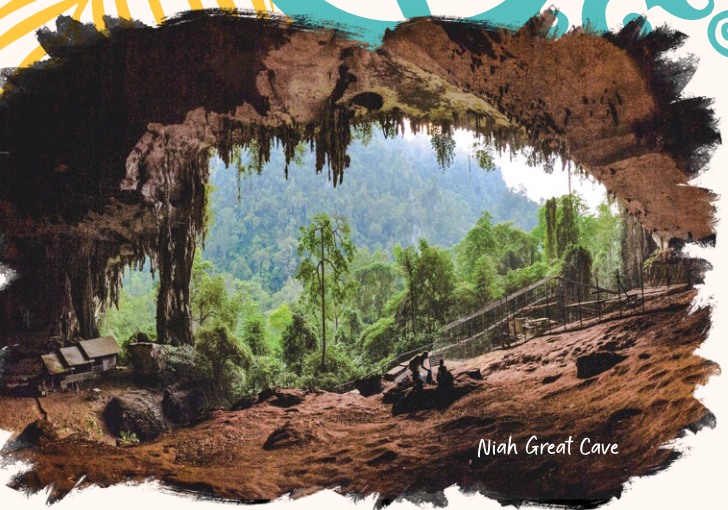


Eusideroxylon zwageri



Black Banded Langur

Koompassia excelsa



Niah Great Cave

National Parks

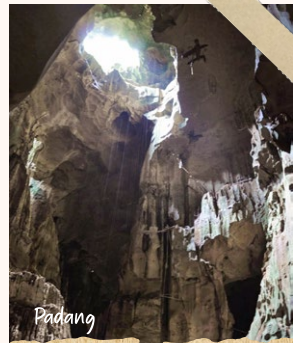
# Niah

Although it's Sarawak's smaller national park, it is one of the most important archaeological sites in the world due to the discovery of Southeast Asia's oldest human remains and one of the birthplaces of civilisation.

In the 1950s, the Great Cave was the focus of intense archaeological research led by Tom Harrisson where he and his team found evidence of human settlements and items such as tools, cooking utensils and a human skull...



Half million swiftlets make their nests in the cave...



Padang

Look at the sunlight streaming down from large holes in the cave roof to illuminate the bizarre rock formations...

A flashlight is required to find your way. Admire the remarkable rock shapes and weathering effects...



Moon Cave, the Painted Cave

Wall-paintings depicting the boat journey of the dead into the afterlife, along with remnants of "death-ships" boat-shaped coffins, on the cave floor...

Painted Cave



# Piasau

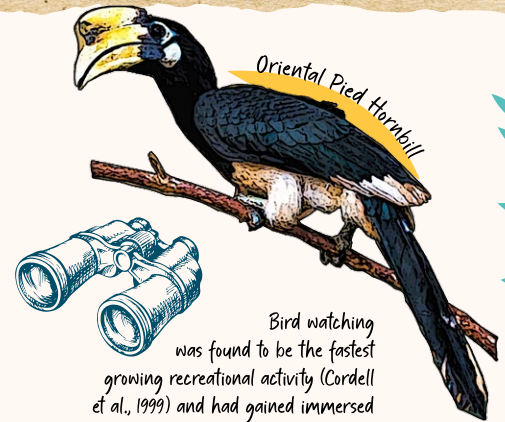
Nature Reserve



This nature reserve provides an avenue for present and future generations to appreciate our diverse birdlife and, in particular, the breeding pair of Oriental Pied Hornbills. There are two main trails. The first trail is the Faridah Loop, which goes around the park for 2.1km and the second trail is the 900 meters Community Trail.



*Ficus tinctoria*, also known as dye fig, or humped fig, that can be found in Asia, northern Australia and South Pacific islands, stands up to 25 m tall and started its life as an epiphyte that sends its roots to the ground. After a while, it encircles its host tree and "strangles" it...

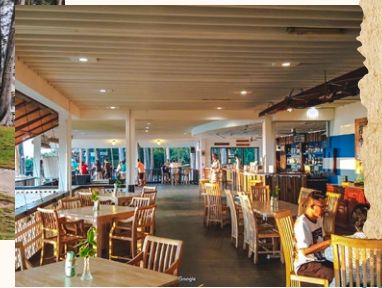


Oriental Pied Hornbill

Bird watching was found to be the fastest growing recreational activity (Cordell et al., 1999) and had gained immersed popularity among the residents of Miri and became the backbone of ecotourism activities in the nature reserve...



Piasau Boat Club



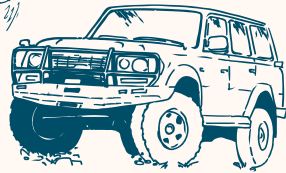
Head to the Piasau Boat Club to enjoy various activities such as sailing, diving, fishing, rowing and various ball sports or relax at the beach and dine in the restaurant and bar...

# Bario

The name "Bario" means "wind" in the Kelabit language and also known as the "land of a hundred handshakes" because of the local people's warm hospitality.



A 45-min flight from Miri to Bario via MASWings Twin Otter...



A 10-14hrs journey from Miri to the Highlands via 4WD...

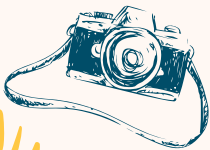


A two-hour hike up the mountain offers a good view of Bario...

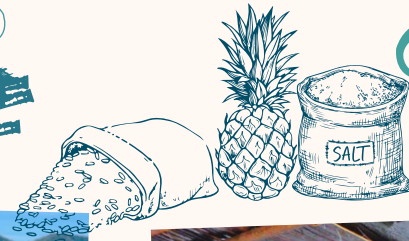
Prayer Mountain



View of Bario...



## AGRICULTURE IN BARIO



Bario pineapples are juicy, sweet and totally organic...



Cauldrons for Bario salt making at the mini salt factory...



Sheep farm on top of the hill...



Bario rice has a mild aroma and premium taste and it is grown locally in wet paddy fields throughout the Bario valley...

Twin Pioneer Wreck



Visit the Scottish Aviation Twin Pioneer wreck site...

Ngimat Ayu Traditional Style Homestay

A longhouse-styled homestay and has the reputation of being one of the most popular in Bario...



Ngimat Ayu Traditional Style Homestay  
Ulung Palang, 98050 Bario, Sarawak





### SARAWAK TOURISM BOARD

For more information,  
please visit the Visitors' Information Centre:

Lot 1648, Jalan Raja, MCLD,  
98000, Miri, Sarawak, Malaysia

📧 [vic-miri@sarawaktourism.com](mailto:vic-miri@sarawaktourism.com)

☎ +6085 434 180 / 181

📞 +6085 434 179

Open Mon-Fri: 9am-6pm

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Sarawak Tourism Board  
Level 4, Plaza Aurora, Jalan McDougall,  
93000 Kuching, Sarawak

☎ +6082 423600

📞 +6082 416700

🌐 [www.sarawaktourism.com](http://www.sarawaktourism.com)

📧 [stb@sarawaktourism.com](mailto:stb@sarawaktourism.com)

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